

WE ARE TEMPO

Tempo Time Credits Impact 2022

NET WELLBEING IMPACT IN UK



reported improved quality of life



feel healthier overall







Time Credits helped me get



health



reported improved physical health



learned a new skill



feel more able to contribute to the community and other people



feel more confident



can afford to do more things



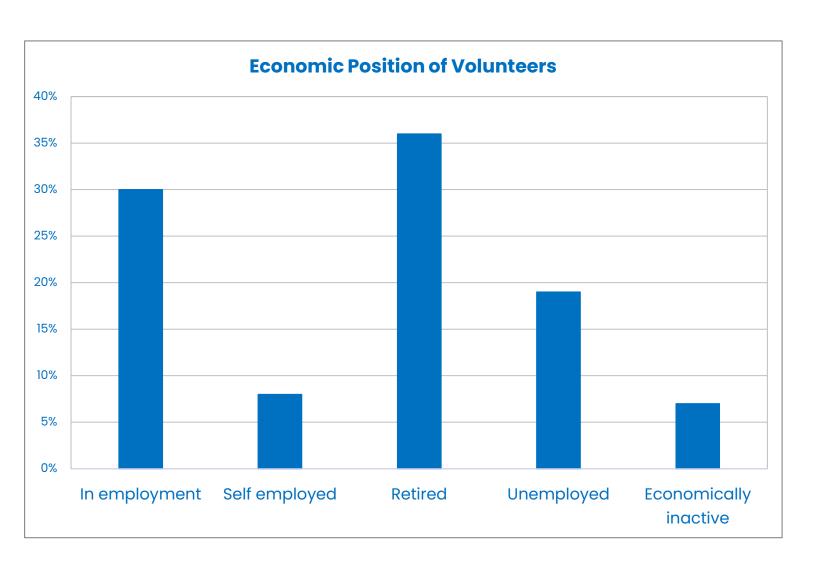
know more about community based services and support available to



The economic impact (net wellbeing uplifts) of Tempo Time Credits (to the 10,712 volunteers earning them) is estimated at £16.6m (2019 prices). (Externally reviewed process)

69% of the community organisations that use Tempo Time Credits value their ability to recruit and retain volunteers This is estimated to have saved the 1,100 organisations using Tempo Time Credits £167,400 in the last year.

VOLUNTEERING ACTIVITY

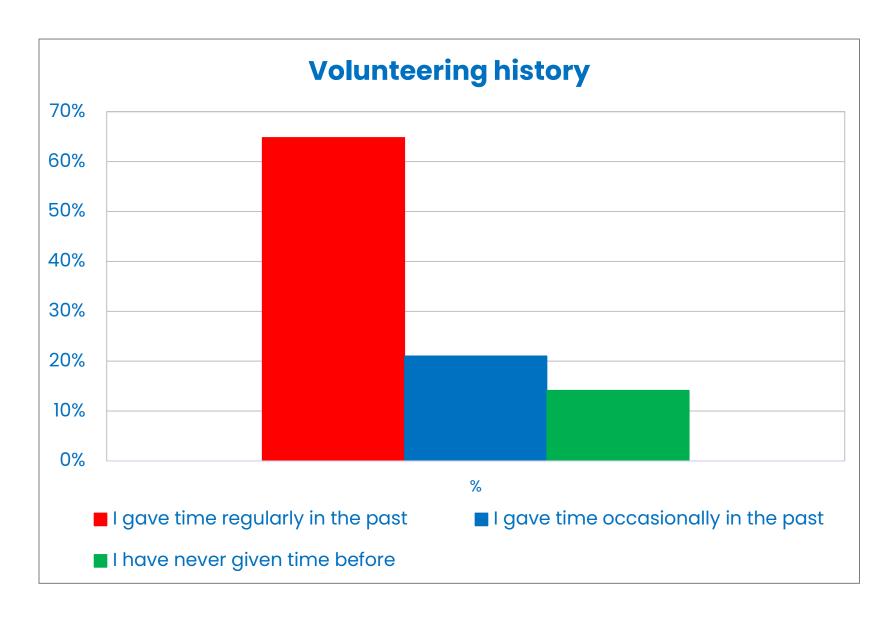


Tempo Time Credit volunteers come from a diverse variety of economic backgrounds.

62% of those in the NCVO survey 2019 were in employment.

It also reflects the age profile, with 36% above the typical retirement age.

IMPACT IN UK

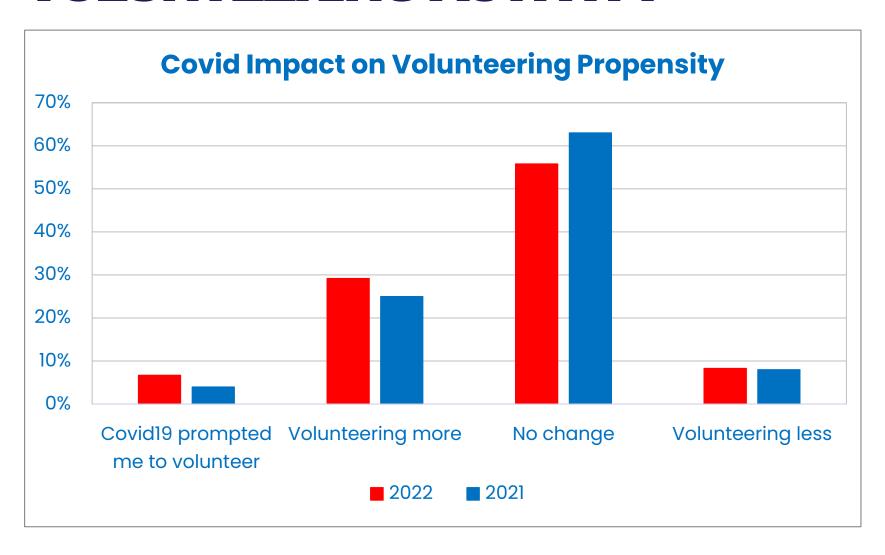


14% of Tempo Time Credit volunteers have never volunteered before.

Unemployed and economically inactive people are most likely to be new to volunteering.

74% of retired people have volunteered regularly or occasionally in the past compared to 60% of the other economic groups

VOLUNTEERING ACTIVITY



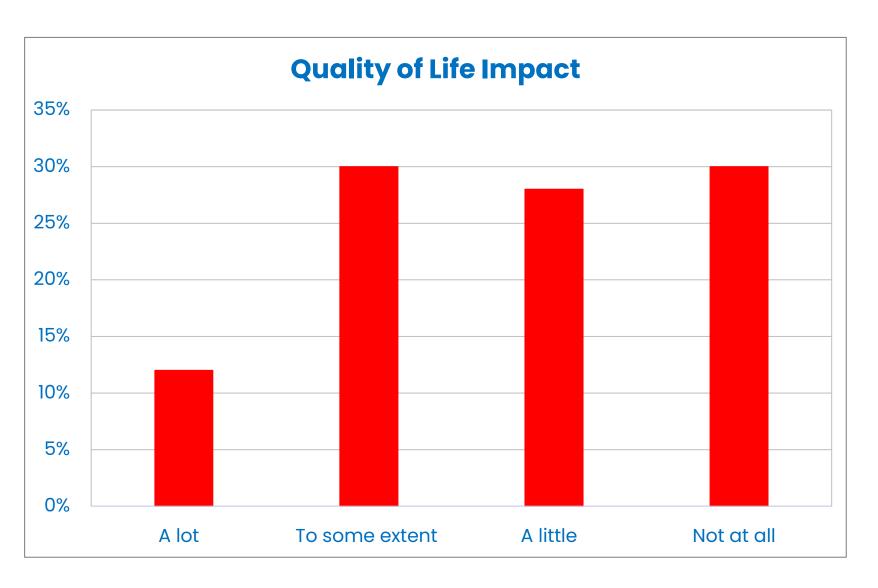
COVID-19 had a positive impact on volunteering. 36% of volunteers stated they had started (7%) or increased (29%) their volunteering in response to the pandemic.

This is an increase of 7% from 2021.

The key will be to retain these volunteers.

Only 8% stated that they volunteered less.

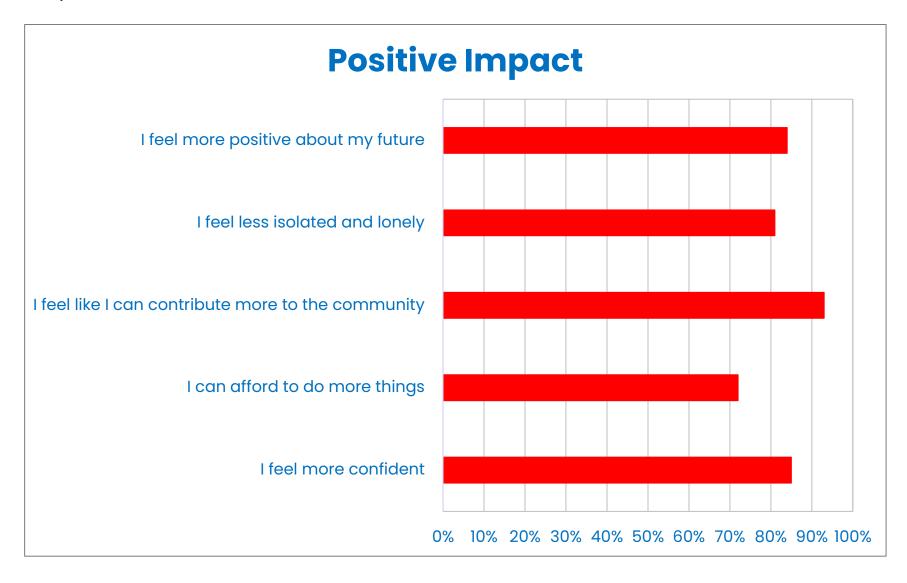
QUALITY OF LIFE IMPACT



70% of Tempo volunteers think that their quality of life has improved as a result of earning and using Tempo Time Credits

12% said that it has increased their quality of life a lot. This is the same as in 2021.

QUALITY OF LIFE IMPACT

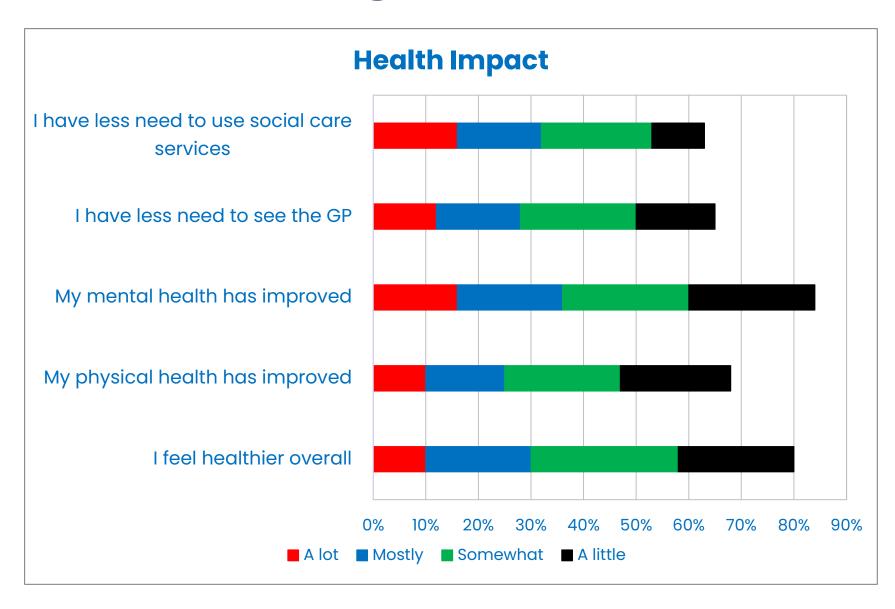


Tempo Time Credits have a positive impact in many ways, with each of these impacts scoring over 70%.

The positive impact on Tempo volunteers rose in 2022. A 10% rise in confidence is particularly positive.

The ability to contribute to the local community (a key aspect of the Tempo programme) scored over 90%.

HEALTH IMPACT

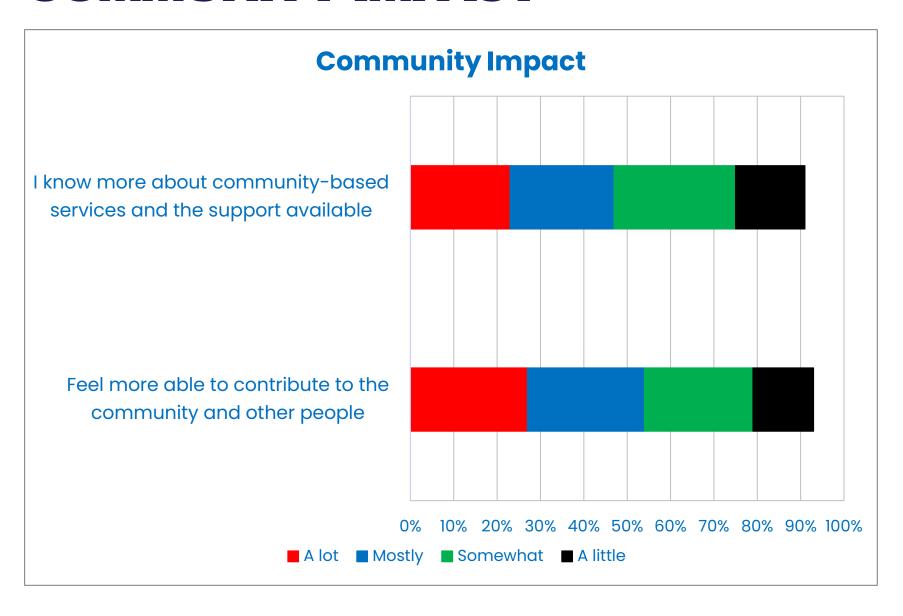


80% feel healthier.

Mental health benefits are stronger than physical health benefits.

Close to two thirds need to use their GP and social care services less. This will save these services money and reduce the pressure on service provision.

COMMUNITY IMPACT

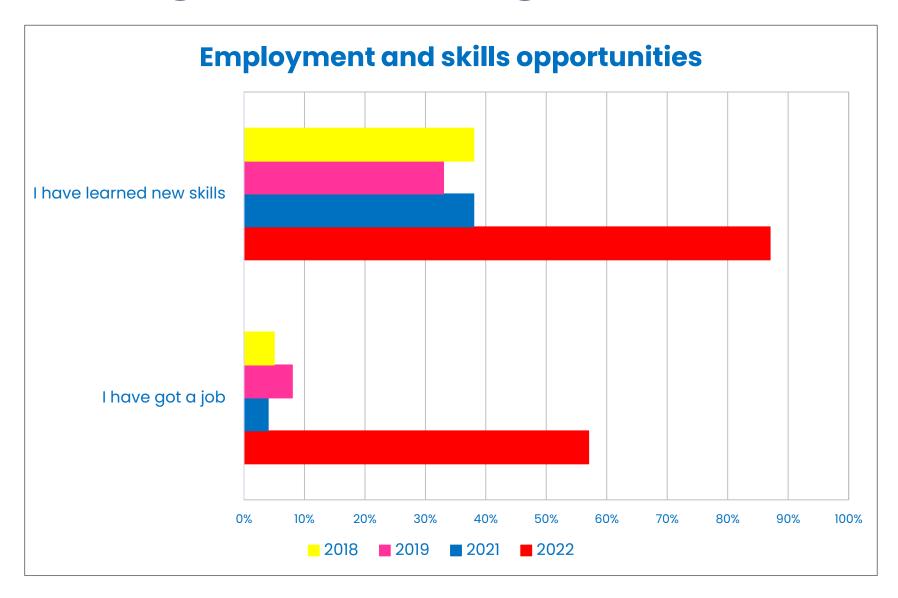


Over 90% of Tempo volunteers are more able to understand and contribute to community development.

A quarter of Tempo volunteers are able to understand and contribute to community development a lot.

This aspect of community development is a major driver of the work Tempo does.

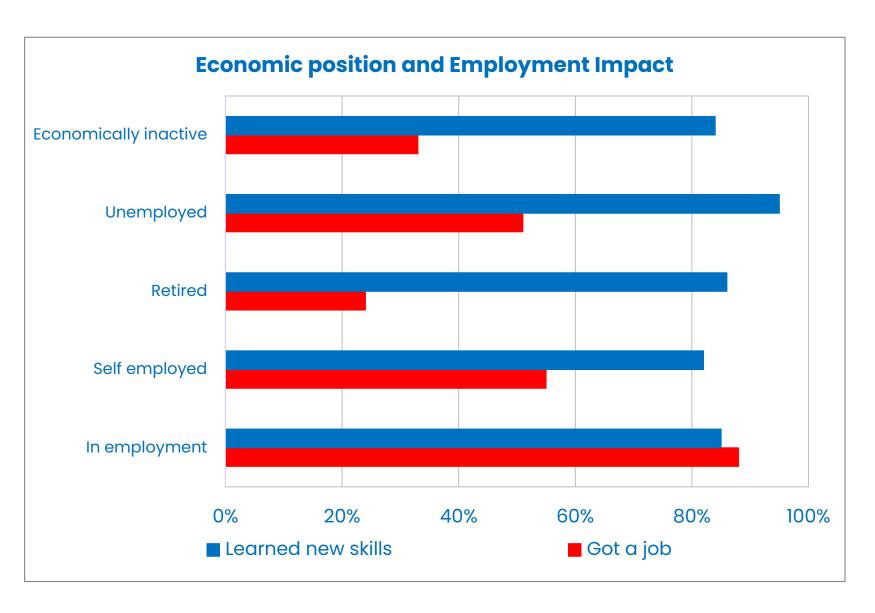
EMPLOYMENT IMPACT



In 2022 there was a significant growth in the positive impacts on employment and training from earning Tempo Time Credits.

This is partly due to working with more organisations who are see volunteering as a pathway to employment.

EMPLOYMENT IMPACT



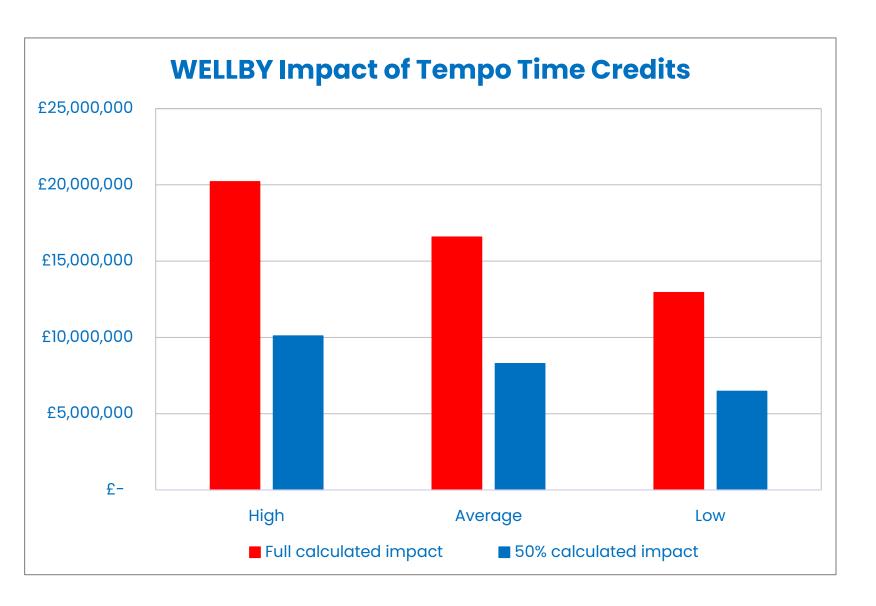
Learning new skills from volunteering takes place in each of the economic groups.

Unsurprisingly, the proportion of retired people viewing Tempo Time Credits as helping them get a job is small, but not insubstantial (24%).

Over one-third of the economically active and half of the unemployed Tempo Time Credit earners got a job.

Volunteering is also a positive benefit to employed people getting a job.

IMPACT IN UK



The average Quality of Life score increased by 0.73 (6.39-7.12) between 2021 and 2022

Using a recognised methodology, we estimate the impact of volunteers earning Tempo Time Credits is £101m (0.73x£12,836x10,712 volunteers) at 2019 prices.

Based on the size of the quality of life change attributable to Tempo Time Credits, we estimate the impact of Tempo Time Credits is £16.6m. (Rol 12.5:1).

We take a very cautious view and even by halving this figure the impact is £8.3m (Rol 6.3:1).

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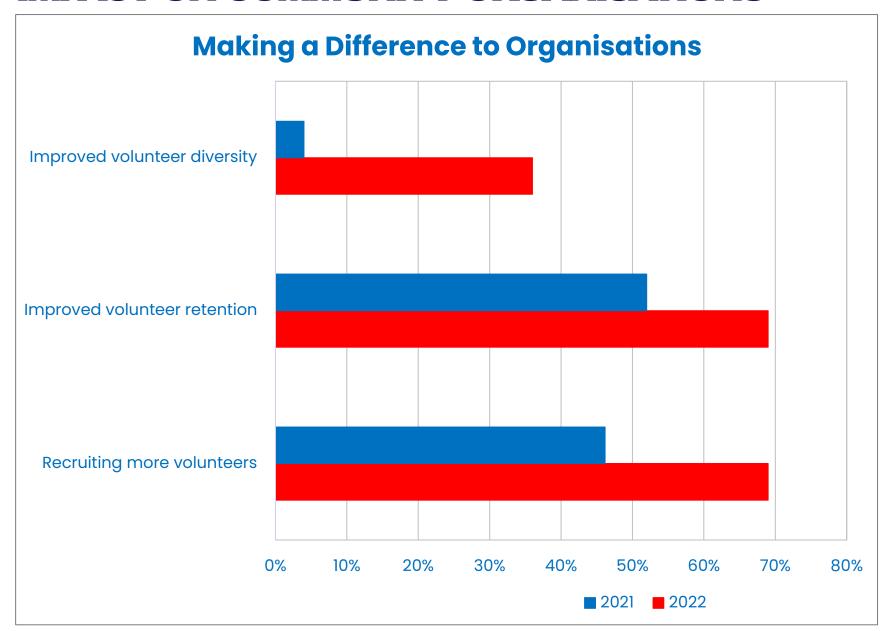
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IMPACT ON COMMUNITY ORGANISATIONS



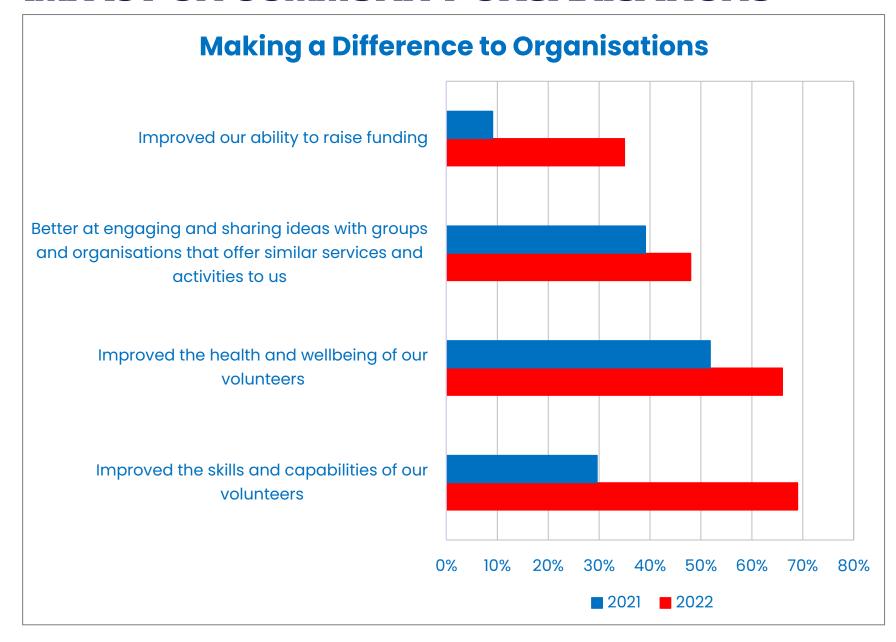
Community organisations on average deliver 4.6 different types of service to one or many groups in their community.

69% of organisations which use Tempo Time Credits value their ability to help recruit and retain volunteers.

It is estimated to have saved the 1,100 organisations using Tempo Time Credits £167,400 in the last year.

Tempo Time Credits help 36% of community organisations improve their volunteer diversity.

IMPACT ON COMMUNITY ORGANISATIONS



Over two-thirds of community organisations using Tempo Time Credits reported they improved volunteer skills and their health and wellbeing. This supports the findings of the survey of volunteers.

35% of community organisations stated that having information from the system about their volunteers helped them raise more funding.



WE ARE TEMPO

Tempo Time Credits Impact 2022
Full UK, Wales, local and topic reports
can be found at
www.wearetempo.org/impact-reports/

2022 IMPACT RESEARCH

Volunteer survey

- Timescale March to June 2022
- Potential respondents: 10,000 volunteers. 594 responses received (6%)
- Error margin +/- 2% (at 95% confidence levels)
- Responses analysed ignore: Don't know and Not answered unless specified
- Economic impact (net wellbeing uplifts) externally reviewed process

Community Group survey

- Potential respondents: 1,000 community groups. 92 responses received (9%)
- Error margin +/- 10% (at 95% confidence levels)
- Responses analysed ignore: Don't know and Not answered unless specified