

# **WE ARE TEMPO**

**Tempo Time Credits Impact 2022**

**Loneliness**



# NET WELLBEING IMPACT IN UK



reported improved quality of life



feel more positive about the future



reported improved physical health



feel more confident



feel healthier overall



Time Credits helped me get a job



learned a new skill



can afford to do more things



feel less isolated and lonely



report improved mental health



feel more able to contribute to the community and other people



know more about community based services and support available to them

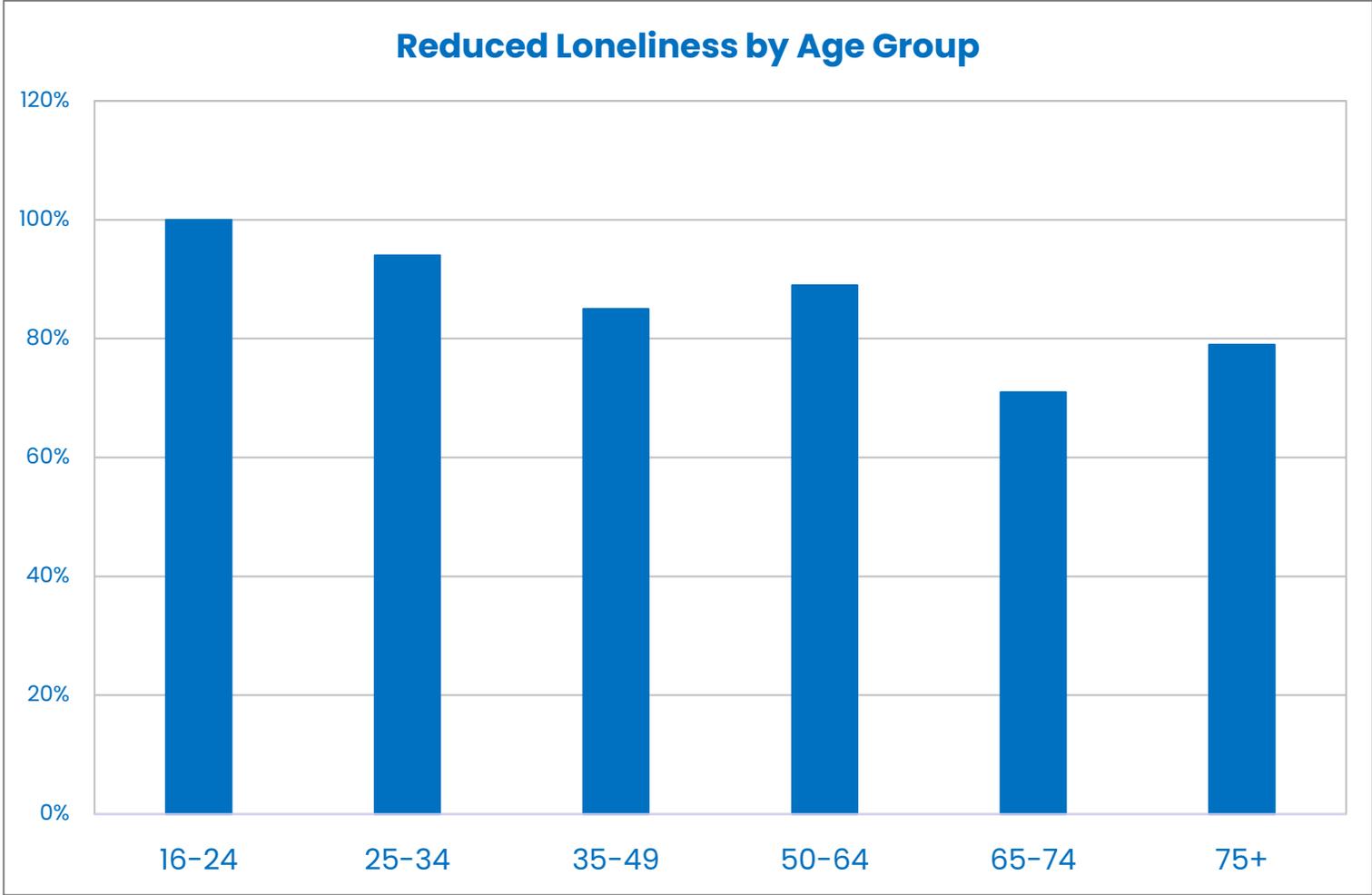


## IMPACT SURVEY 2022 IN UK

The economic impact (net wellbeing uplifts) of Tempo Time Credits (to the 10,712 volunteers earning them) is estimated at £16.6m (2019 prices). (Externally reviewed process)

69% of the community organisations that use Tempo Time Credits value their ability to recruit and retain volunteers This is estimated to have saved the 1,100 organisations using Tempo Time Credits £167,400 in the last year.

# VOLUNTEERING ACTIVITY

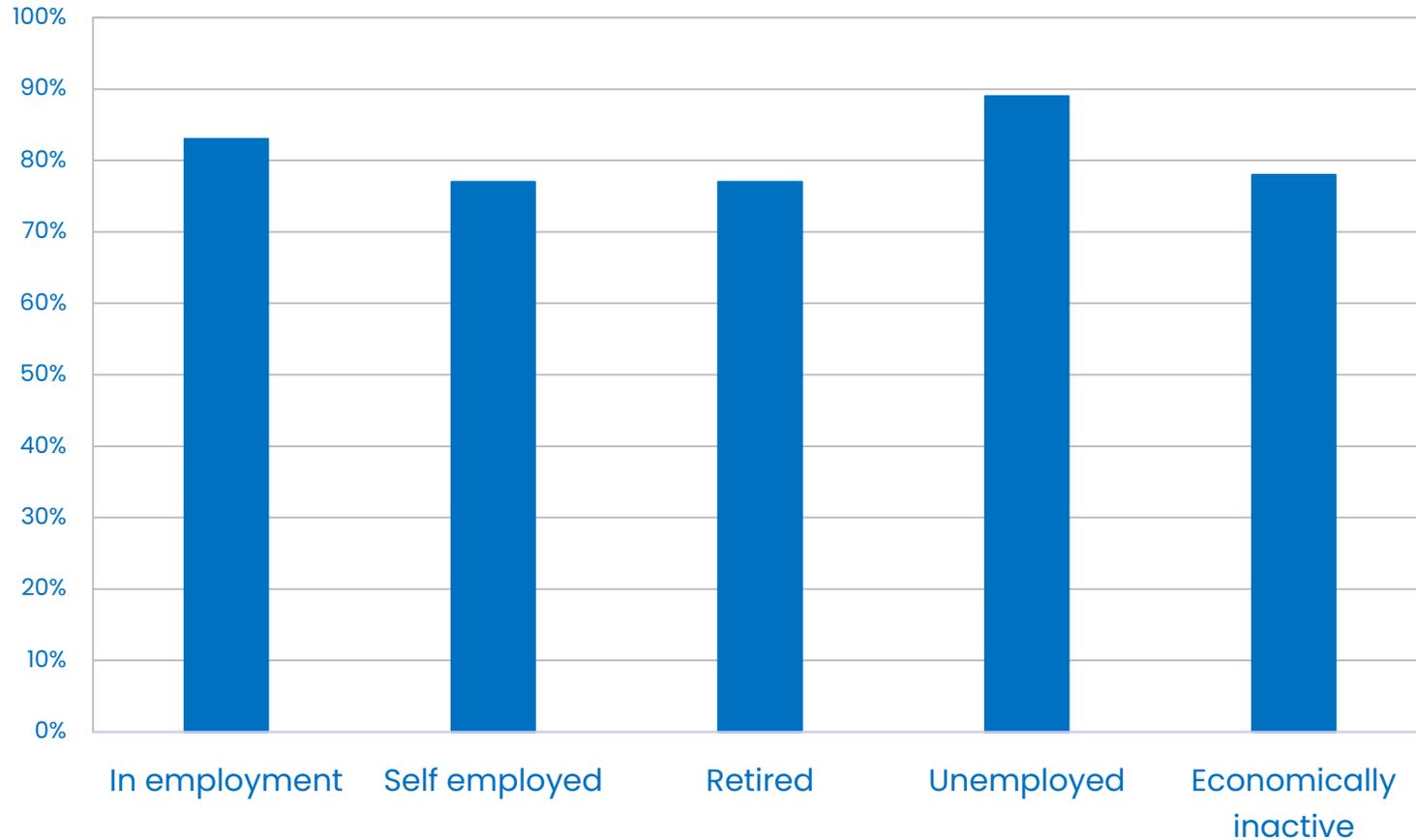


81% of Tempo volunteers thought that Tempo Time Credits reduced their loneliness and isolation.

This varied by age, with the impact greatest among 16-24 year olds and least among the 65-74 year olds.

# VOLUNTEERING ACTIVITY

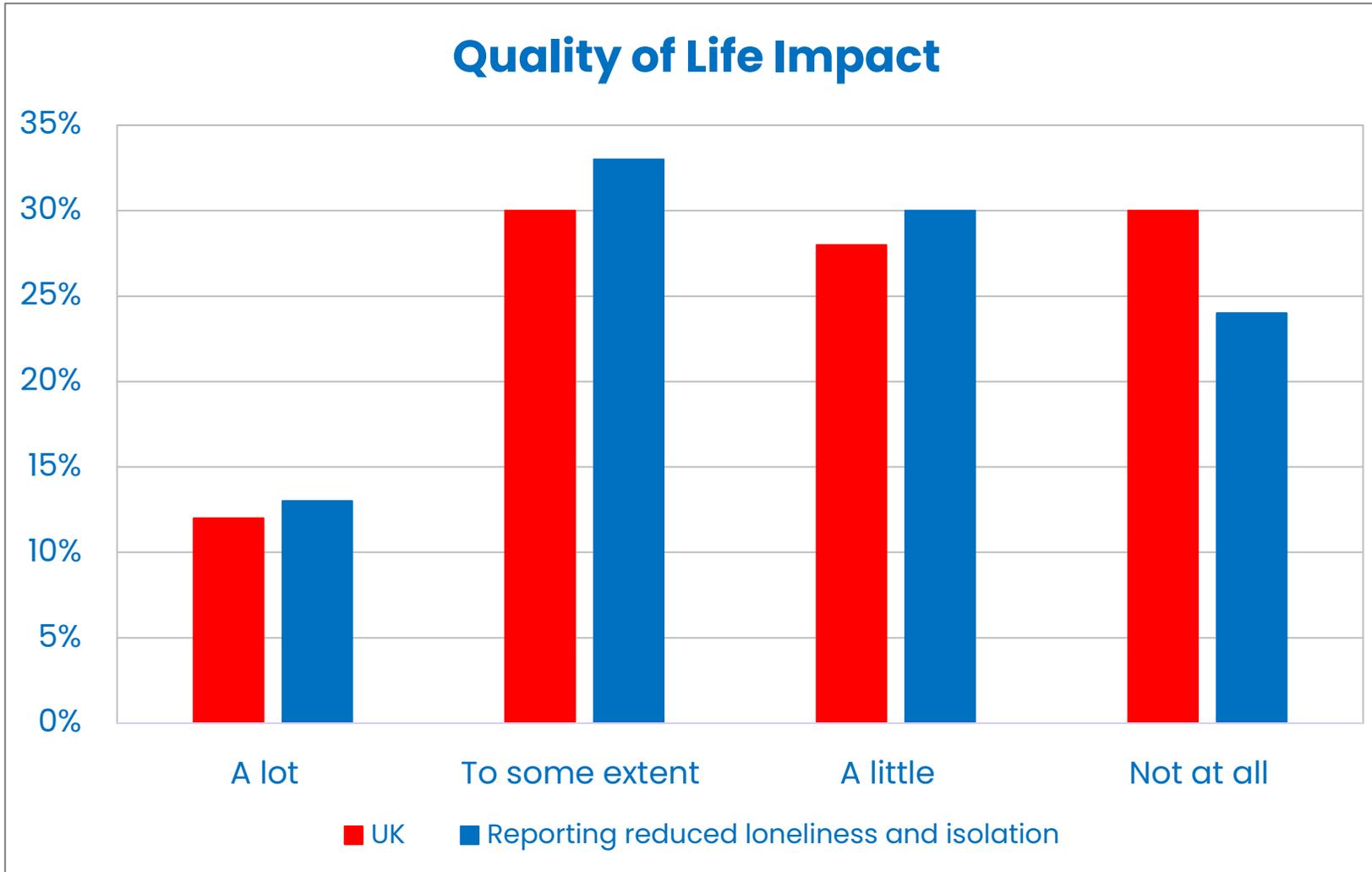
Reduced Loneliness by Economic Position



81% of Tempo volunteers thought that Tempo Time Credits reduced their loneliness and isolation.

This varied by economic position, with the impact most significant among the unemployed (89%) and those in employment (83%). It was least among the self employed, retired and economically inactive.

# QUALITY OF LIFE IMPACT

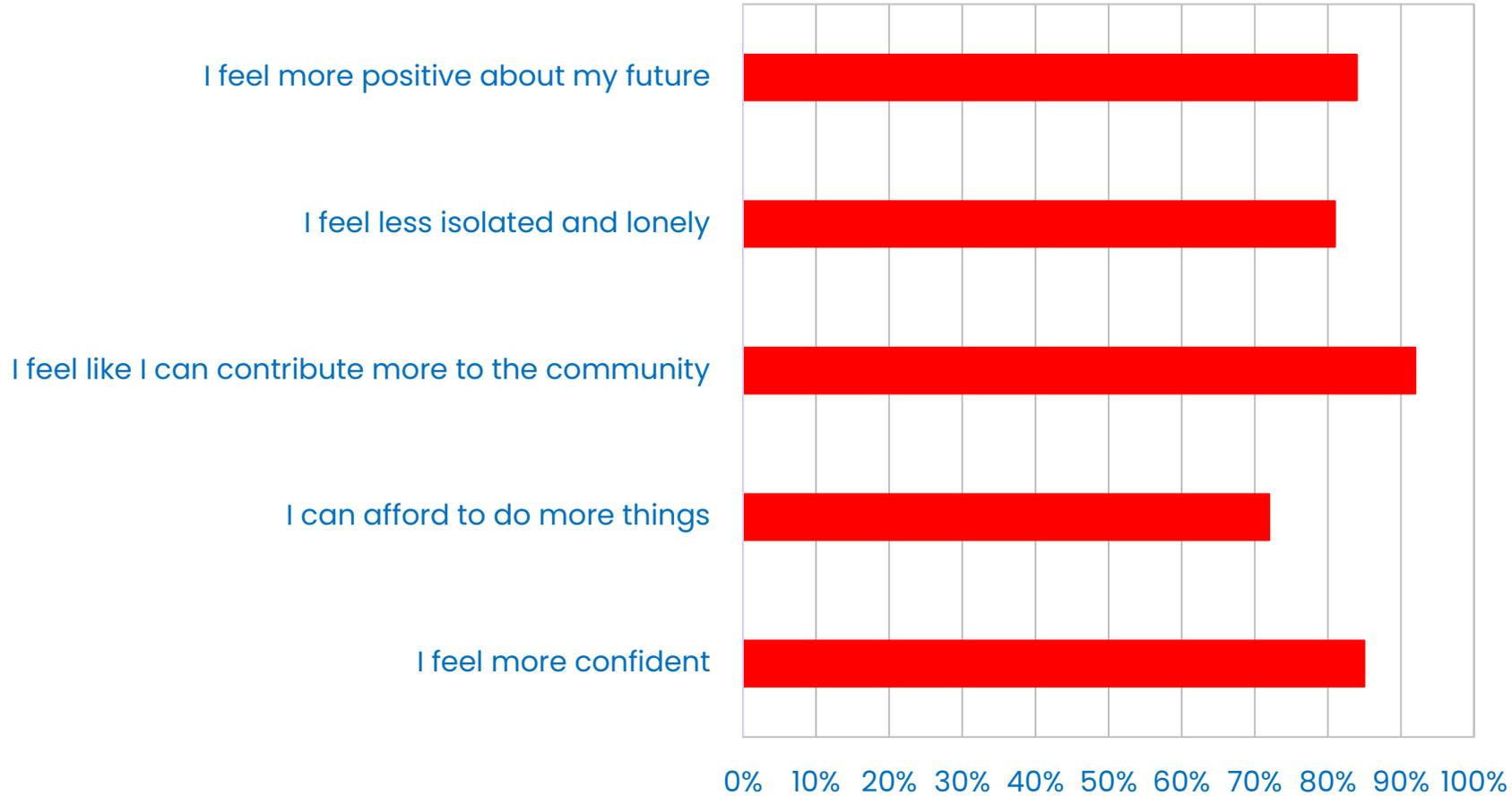


76% of Tempo volunteers (reporting reduced loneliness and isolation) think that their quality of life has improved as a result of earning and using Tempo Time Credits. This compares to 70% in the whole sample

46% said that it has increased their quality of life a lot or to some extent (UK 42%).

# QUALITY OF LIFE IMPACT

## Positive Impact



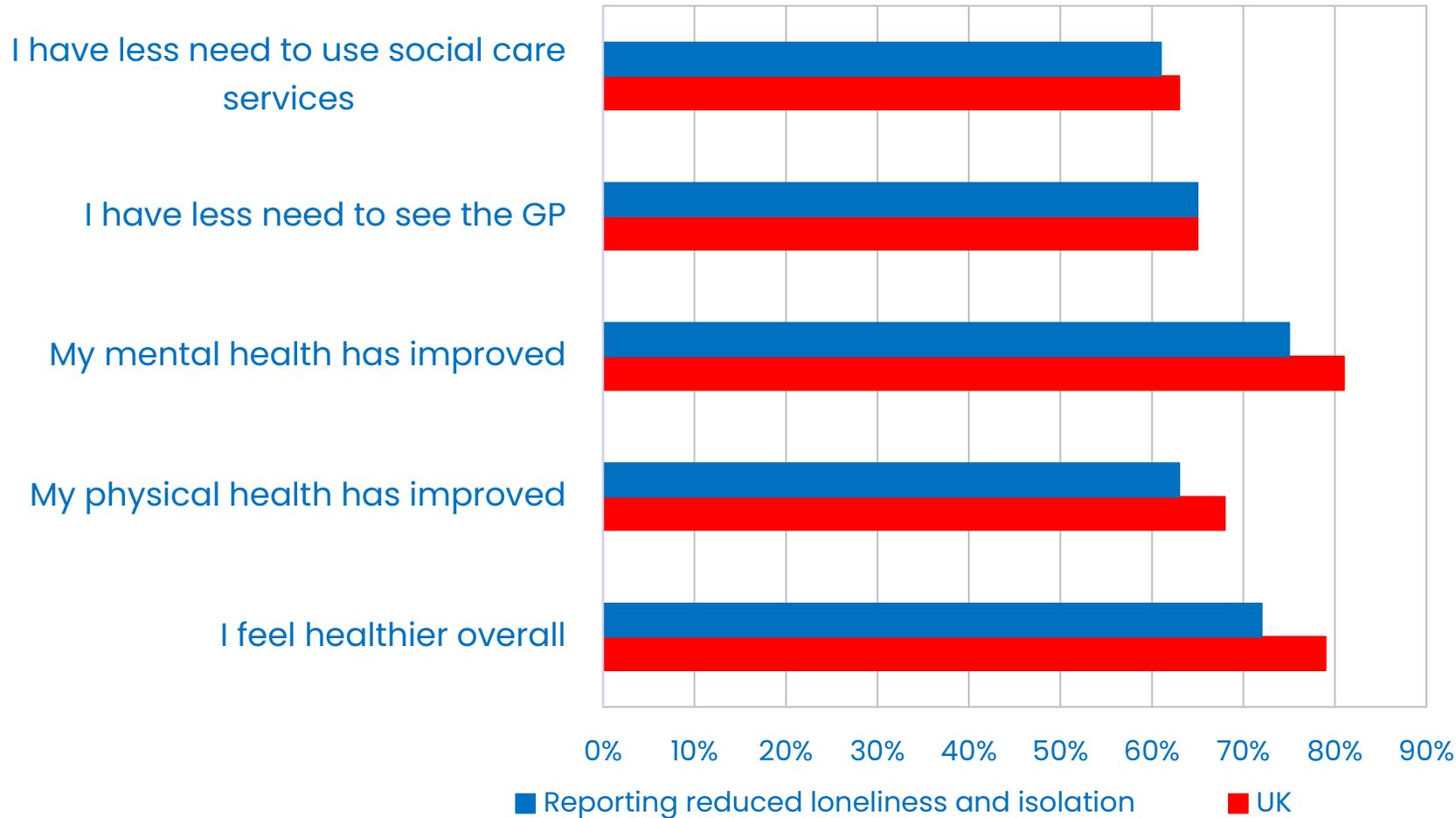
81% of Tempo volunteers stated that Time Credits earned while volunteering helped reduce their loneliness and isolation.

Tempo Time Credits have a positive impact in many ways, with each of these impacts scoring over 70%.

The positive impact on Tempo volunteers rose in 2022. A 10% rise in confidence is particularly positive.

# HEALTH IMPACT

## Health Impact



For each health measure the impact is marginally less for people reporting reduced loneliness and isolation.

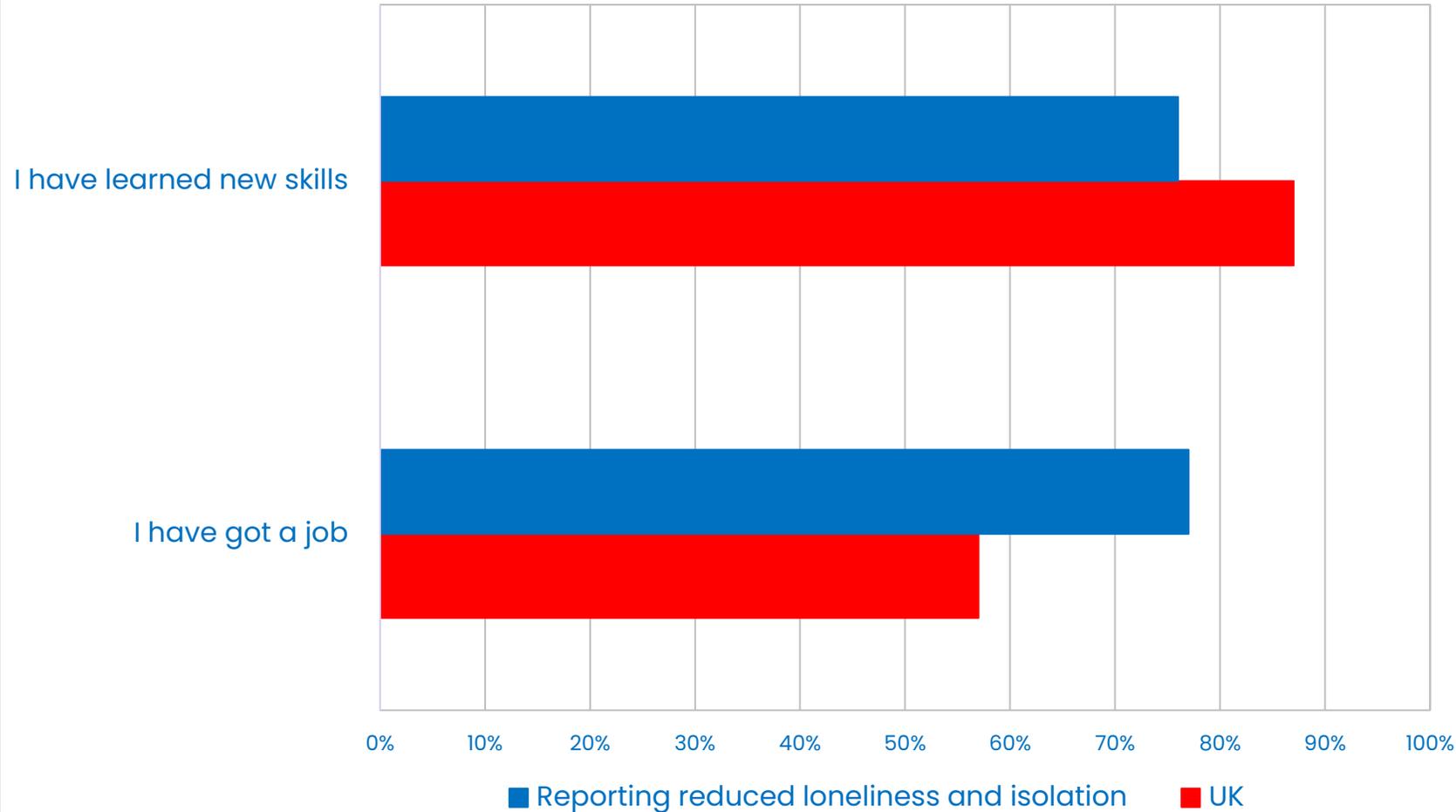
72% of Tempo volunteers (reporting reduced loneliness and isolation) feel healthier overall (UK 79%).

Mental health benefits are stronger than physical health benefits.

Close to two thirds need to use their GP and social care services less. This will save these services money and reduce the pressure on service provision.

# EMPLOYMENT IMPACT

## Employment and skills opportunities



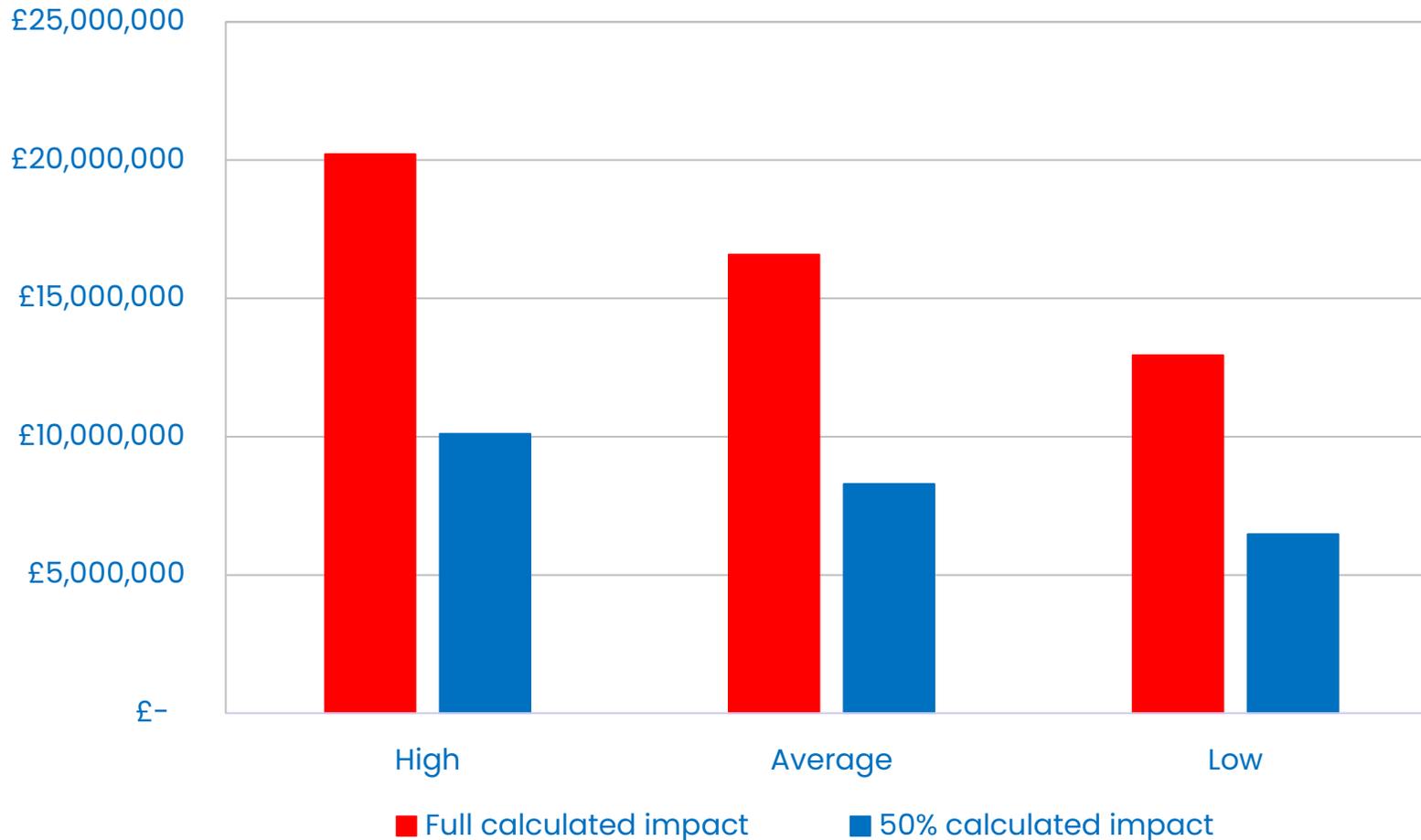
77% of Tempo volunteers stated that Time Credits earned while volunteering helped them get a job (UK 57%) and 76% learned new skills (UK 87%).

In 2022 there was a significant growth in the positive impacts on employment and training from earning Tempo Time Credits.

This is partly due to working with more organisations who are see volunteering as a pathway to employment.

# IMPACT IN UK

## WELLBY Impact of Tempo Time Credits



The average Quality of Life score increased by 0.73 (6.39-7.12) between 2021 and 2022

Using a recognised methodology, we estimate the impact of volunteers earning Tempo Time Credits is £101m (0.73x£12,836x10,712 volunteers) at 2019 prices.

Based on the size of the quality of life change attributable to Tempo Time Credits, we estimate the impact of Tempo Time Credits is £16.6m. (RoI 12.5:1).

We take a very cautious view and even by halving this figure the impact is £8.3m (RoI 6.3:1).

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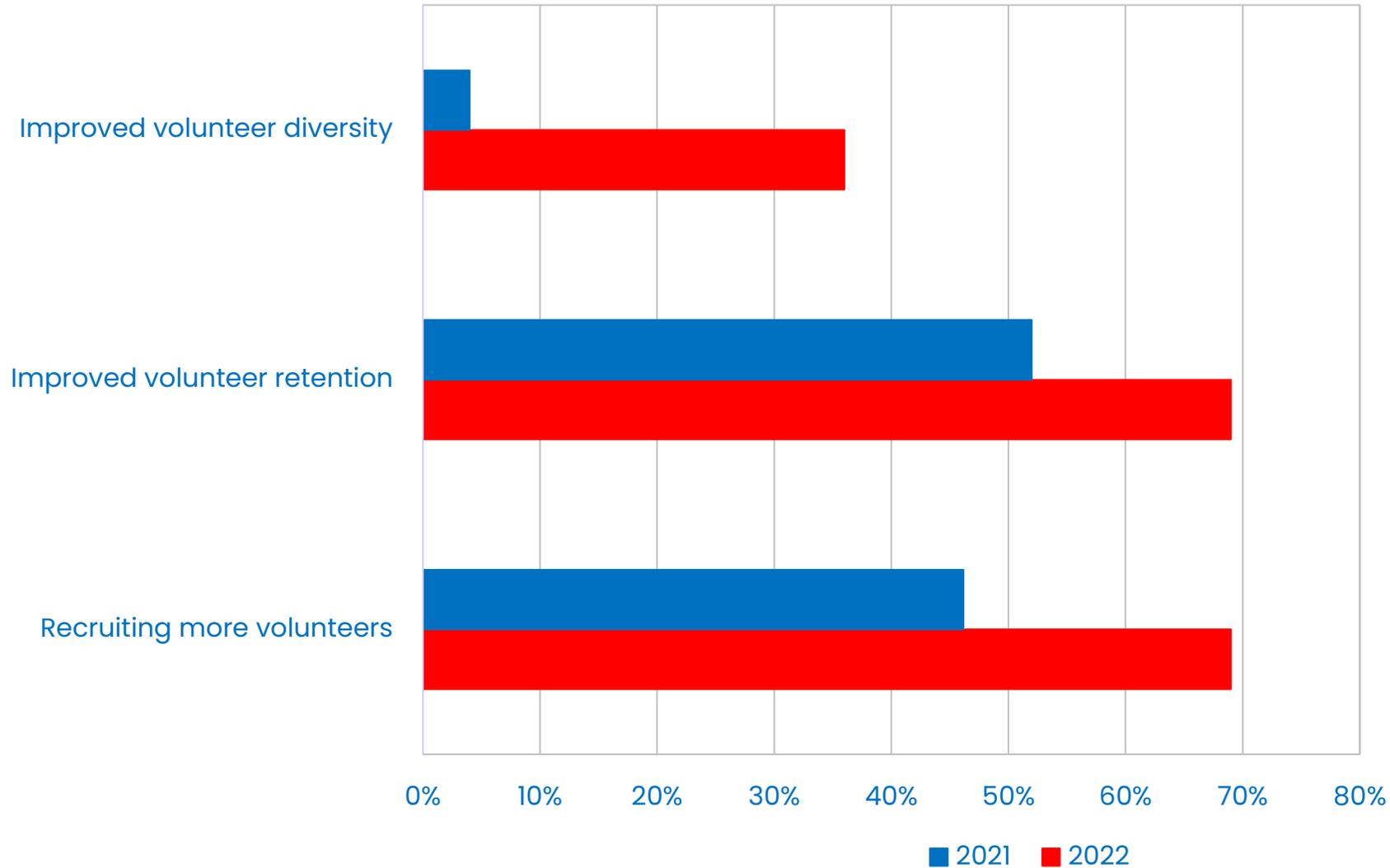
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# IMPACT ON COMMUNITY ORGANISATIONS

## Making a Difference to Organisations



Community organisations on average deliver 4.6 different types of service to one or many groups in their community.

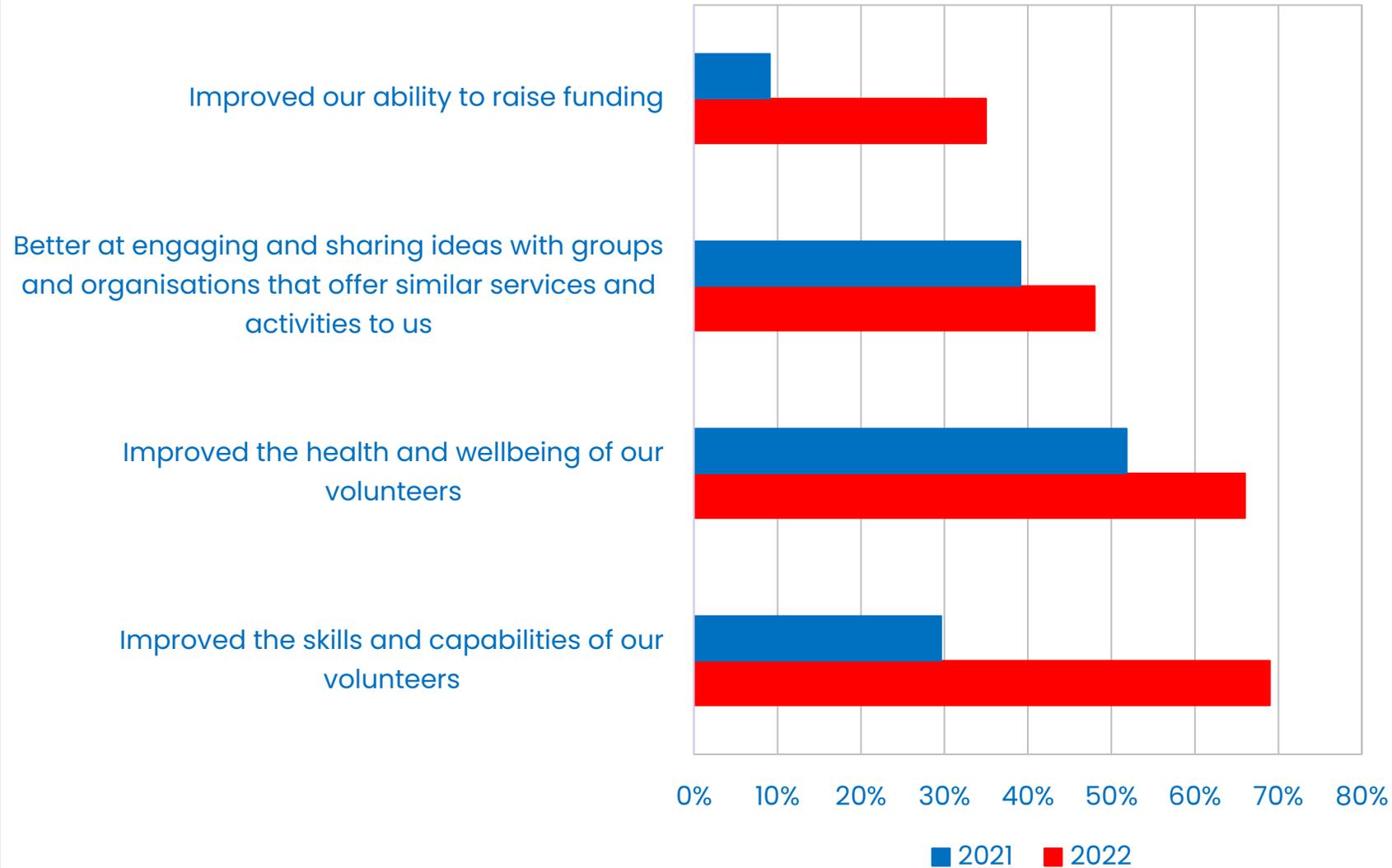
69% of organisations which use Tempo Time Credits value their ability to help recruit and retain volunteers.

It is estimated to have saved the 1,100 organisations using Tempo Time Credits £167,400 in the last year.

Tempo Time Credits help 36% of community organisations improve their volunteer diversity.

# IMPACT ON COMMUNITY ORGANISATIONS

## Making a Difference to Organisations



Over two-thirds of community organisations using Tempo Time Credits reported they improved volunteer skills and their health and wellbeing. This supports the findings of the survey of volunteers.

35% of community organisations stated that having information from the system about their volunteers helped them raise more funding.

# **WE ARE TEMPO**



**Tempo Time Credits Impact 2022**

**Full UK, Wales and topic reports**

**can be found at**

**[www.wearetempo.org/impact-reports/](http://www.wearetempo.org/impact-reports/)**

# 2022 IMPACT RESEARCH



## Volunteer survey

- Timescale March to June 2022
- Potential respondents: 10,000 volunteers. 594 responses received (6%)
- Error margin +/- 2% (at 95% confidence levels)
- Responses analysed ignore: Don't know and Not answered unless specified
- Economic impact (net wellbeing uplifts) externally reviewed process

## Community Group survey

- Potential respondents: 1,000 community groups. 92 responses received (9%)
- Error margin +/- 10% (at 95% confidence levels)
- Responses analysed ignore: Don't know and Not answered unless specified